

GWDRC – Pole Vault Intro



6th grade and up

Wednesday, June 28th, Thursday, June 29th, Friday, June 30th

All Sessions will be from **9am-noon**

Location: Jamestown High School Track

Clinic will go over the basics of Pole Vault and is for boys and girls ages 6th grade and up

The cost will be **\$60.00 for Intro to Pole Vault**. Payments can be done via Pay Pal at www.gwrun.org or make a check out to Greater Williamsburg Distance Running Club the first day.

Each athlete must also become a USATF member and GWDRC to attend the Intro to Pole Vault

~\$20.00 USATF fee~ (one year membership)

How to Sign up:

- 1) Go to www.gwrun.org to sign up for GWDRC and pay the \$60.00 Intro to Pole Vault fee

Sign up at www.usatf.org

Our club number is 12-8027

MORE INFO CAN BE FOUND AT WWW.GWRUN.ORG

Coach Pamela Tomczak will be running the clinic and is the Pole Vault Coach at Jamestown High School