

## AAU Instructions

Dear GWDRC,

We have decided to become a member of American Athletic Union (AAU) youth sports. Each athlete in our club will need to become members of AAU.

Please sign up for AAU membership at this link:

<https://aausports.org/Membership>

- 1) Create a login
- 2) Sign up your child as a youth athlete
- 3) Sign up for regular membership of \$14.00
- 4) Add our club when you have the option to select a club: Greater Williamsburg Distance Running Club - (If you sign up now our club won't show up but you should be able to add it later in 3-4 days)
- 5) Please add the AAU number to the online form when you sign up for GWDRC at [www.gwrun.org](http://www.gwrun.org)

**If you have any questions please let me know!**

I will send out an email when our running club is completely set up with AAU!

Thank you for your patience!

Sincerely,

Mark Tompkins  
*GWDRC Coach*

***Vision: To inspire a new generation of distance runners***

***Mission:***  
***Creating a lifetime passion in the Greater Williamsburg area youth for distance running through instruction, training, and racing.***